

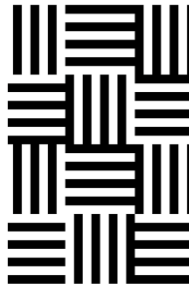
Voices of Insight

We invite you to read the [Voices of Insight](#) published in Nov 2025 – Feb 2026. Our thanks to every person who contributed insights for the benefit of many.



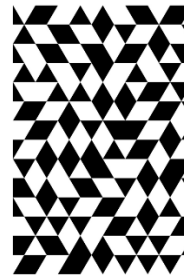
Voices of Insight
Charlotte
INSIGHT EXCHANGE
March 2025/2026

Charlotte - “My experiences highlight, the perpetrator could be your mother, it could be your boyfriend and then it also could be your boss or colleague and all at the same time.”



Voices of Insight
Darshani
INSIGHT EXCHANGE

Darshani - 'So, the simplest and most powerful way of being in this world is being kind.'



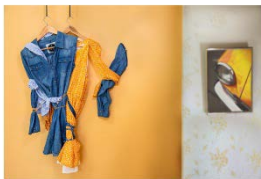
Voices of Insight
Kate
INSIGHT EXCHANGE

Kate - 'Public places did not provide any immunity to me. Mason had no hesitation in denigrating me in front of anyone listening to him.'



Voices of Insight
Veronica
INSIGHT EXCHANGE

Veronica - 'Mark and my parents undermined my parenting decisions, and they prevented me from being focused on my kids.'



Voices of Insight
Phoebe
INSIGHT EXCHANGE
March 2025/2026

Phoebe - 'Ex came with me, but it was to monitor me, not to support me'.

We invite you to read the [Voces de Insight](#) now published in Spanish .

Voices of Insight Collection

The Voices of Insight Collection is now available electronically (in a lightbox) on the Insight Exchange website in these three languages:

- **ENGLISH:** Click here to open the [Voices of Insight Collection in English](#) (Updated Jan 2026)
- **ARABIC:** Click here to open the [Voices of Insight Collection in Arabic](#) (Live Jan 2026)
- **SPANISH:** Click here to open the [Voices of Insight Collection in Spanish](#) (Updated Jan 2026)

