

Family & Friends

All of us are friends to many and family to someone. Each relationship, family and friendship is unique and changing.

Our responses to violence and abuse always matter.

New landing page

On the new '[Family and Friends](#)' landing page you can find free (donated) information and reflection resources to support you in understanding and responding to domestic, family and sexualised violence.

We invite you to explore, use and share forward the content starting at any part and exploring in any sequence.

New landing card



On the '[print to share](#)' landing page you can order free (donated) Insight Exchange landing cards (subject to capacity).

The new 'Family and Friends' landing card (with static QR code on side B) has been added to the options in the order form.



New lightbox

If or when a victim-survivor of violence and abuse tells us something - it may be the first, only or last time they reach out. Our responses can be helpful, unhelpful or harmful.

“Responders might feel unsure about the value of their responses, worrying they might cause my harm”

[Our Interactions, Responders Lab]



FAMILY & FRIENDS



On the '[Family and Friends](#)' landing page, we invite you to browse the insights and reflections in the family & friends lightbox

www.insightexchange.net/familyandfriends/

