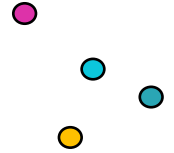
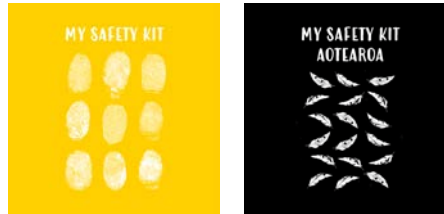
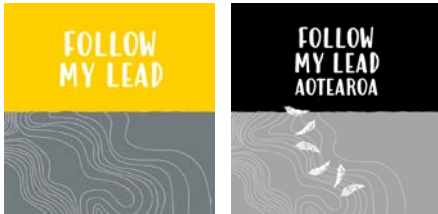


**New editions:** The following Insight Exchange booklets have been updated and now replace previous copies.



## Follow My Lead

Explore the new edition of Follow My Lead & Follow My Lead Aotearoa

[www.insightexchange.net/follow-my-lead/](http://www.insightexchange.net/follow-my-lead/)

### Features that are unchanged

- The landing page & hyperlink
- The static QR code on the landing cards
- The *Follow My Lead* animation is unchanged and continues to align to the *Follow My Lead* booklet.

### Key changes in the booklet

- Removed 'content warning'.
- Widened description scope to be inclusive of domestic, family *and* sexualised violence.
- Overlap to My Safety Kit (new edition) reflections about safety and wellbeing.
- Closing text makes the link to '*Follow My Meaning*' (*Responders Lab*).
- Embedded QR code to *Follow My Lead* animation.
- Updated information about other Insight Exchange materials.
- Affirmation about readers discernment and decision to talk or not talk to others.
- Support contacts links to fuller directory.

## My Safety Kit

Explore the new edition of My Safety Kit & My Safety Kit Aotearoa.

[www.insightexchange.net/my-safety-kit/](http://www.insightexchange.net/my-safety-kit/)

### Features that are unchanged

- The landing page & hyperlink
- The static QR code on the landing cards
- The *My Safety Kit* animations are unchanged and continues to align to the *My Safety Kit* booklet.

### Key changes in the booklet

- Individuals as readers are situated in an interdependent world.
- Removed content on 'healthy relationships'.
- Widened scope to be relationships (plural) - not limited to intimate partner relationships.
- Situates rights and responsibilities in context of power, safety and resources.
- Refined descriptions of reflections about safety and wellbeing throughout - including adjusted sequence of content, and who leads any change agenda and next steps.
- Features excerpts from 'Our interactions', '*My Ecosystem*' & '*Our Responses*' (*Responders Lab*).
- Embedded QR code to two *My Safety Kit* animations.
- Updated information about other Insight Exchange materials.
- Affirmation about readers discernment and decision to talk or not talk to others.
- Support contacts links to fuller support contacts directory

