

Responders Lab (New)

The Responders Lab is a free (donated) interactive opportunity with peers.

It is designed to support you in exploring and building on your understanding of domestic, family and sexualised violence, and how this influences what you might notice, think or do in your responses.

[View the invite](#) 



An invitation -
View, share or embed the [invitation to the Responders Lab](#) (80sec)

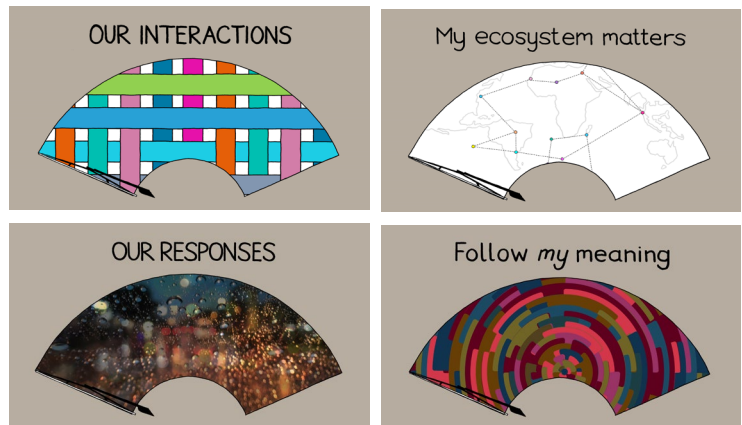
Each of us are part of communities, dependent on others, friends to many and family to someone. Every response matters.

The Responders Lab is for anyone - friends, family, colleagues, neighbours, community peers, institutions, organisations, services, businesses and community groups.

We invite you to pause with others at the Responders Lab. Making room to think about your responses. Making space to think with others.

At the Responders Lab we explore:

- 'Our Interactions'
- 'Our Responses'
- 'My Ecosystem'
- 'Follow My Meaning'



Participation:

There are 3 ways to participate in the Responders Lab. All options are free (donated).

Option 1

A virtual facilitated session (2hrs)

Option 2

Cross-sector scholarship (1 day in person + 4 virtual pop-ups)

Option 3

Self-service - Independently view and/or share the Responders Lab content. Option 3 is estimated to open in March 2025.

[Explore more here](#) 

www.insightexchange.net/responders-lab/

