

### Reflections Kit

The Reflections Kit is designed to build on understanding of and responses to domestic, family and sexualised violence. It is a free (donated) resource for any individuals, teams, communities, organisations and institutions. The Reflections Kit introduces the purpose of and link to some of the materials featured in the Insight Exchange library.

The Reflections Kit can be found on the kits, guides and tools landing page on Insight Exchange: [www.insightexchange.net/kits-guides-tools/](http://www.insightexchange.net/kits-guides-tools/)

### Reflections Kit (new edition)

The Reflections Kit introduces the purpose of and link to some of the materials featured in the Insight Exchange library.

Open the [Reflections Kit](#)

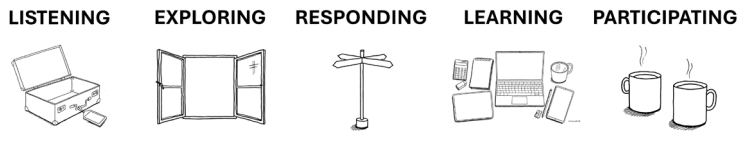


People who might be reading and viewing Insight Exchange materials include:

- People who are perpetrating violence and abuse.
- People who are responding as friends, family, colleagues, neighbours, or responding in formal roles in services and systems.
- People who are being subjected to violence and abuse.

For example, people in their everyday living and working may be introduced to these materials in some way. The value and usefulness of the Insight Exchange library will mean different things to different readers/viewers over time.

See the illustrative examples of Karla, Sahil, Ollie, Bindu, Rohan, Robert on pages 7-12 of the Reflections Kit



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