

Insight initiatives

Exchange initiatives



Talk

Purpose of this resource

This reflection resource is designed to reveal and value the strategic considerations of victim-survivors when deciding if, when and how to tell someone about experiences of violence and abuse.

Creating possibilities

What can we do to shape a world that stands against violence and abuse, pro-actively and meaningfully to meet people’s needs whether or not they ‘tell’ (or how much they tell) of experiences of violence and abuse?

When we don’t understand the significance of what victim-survivors are considering when deciding if, when and how to tell someone about experiences of violence and abuse, we will make the mistake of assuming that ‘telling’ is the ‘start’ and the ‘determinant’ of our response.

Responses don’t ‘start’ when someone ‘tells’ us something. We have been responding all along (directly or indirectly) through our stance, our silence, our action or inaction about violence and abuse. We are responders even when nothing is told to us.



Fear

Purpose of this resource

This reflection resource is designed to support critical analysis of how we understand and ask about fear as a measure of meaning, significance and severity of domestic, family and sexualised violence.

The resource is designed to support responders to move from measuring the ‘state of mind’ of the victim-survivor, to asking about the life/living of a victim-survivor.

As responders we can better understand victim-survivors many **reasons to fear**, when we explore what victim-survivors are having to do, not do, give up and go without to be able to survive and lead their lives.

You can find the two resources ‘TALK’ and ‘FEAR’ as well as the short animation ‘[Violence is Social and Interactional](#)’ on the new landing page:

‘An interactional focus’
www.insightexchange.net/interactional/

