

Using Insight Exchange

Insight Exchange centres on lived expertise of domestic, family and sexualised violence and gives voice to these experiences. Insight Exchange is designed to inform and strengthen social, service and systemic responses to domestic, family and sexualised violence.

Insight Exchange has been established, developed and is governed by Domestic Violence Service Management (DVSM) a registered charity (ABN 26 165 400 635).

Launched in November 2017, Insight Exchange was designed by Domestic Violence Service Management (DVSM), in collaboration with Dr Linda Coates and Dr Allan Wade from Centre for Response-Based Practice Canada.

Insight Exchange has been sustained through the generous donations of individuals and a silent donor for the benefit of many.

Our support across the ecosystem

Insight Exchange ideas and resources are designed and donated to share with any reader/viewer. Insight Exchange is donated for free so that any individual or community can access these ideas without cost barriers.

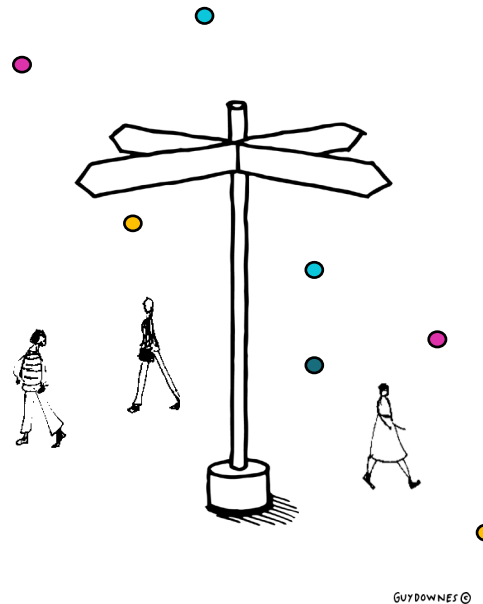
Readers/viewers may include victim-survivors of domestic, family and sexualised violence as well as people (and organisations) who may be responding (formally or informally).

The free access supports individuals who want to discreetly browse information and reflection material before (or without having to) directly contact a service or talking to someone.

Our hope is that these ideas and resources are shared broadly and used/evolved in ways that inform and uplift understanding and responses to domestic, family and sexualised violence.

This document is hosted here:

<https://www.insightexchange.net/guide-using/>



INSIGHT EXCHANGE
www.insightexchange.net

Out of scope:

Insight Exchange is not a representative body, peak body, member organisation or direct service provider.

Our work supports all communities. To sustain this scope and focus we don't engage in the following ways:

- Take official public positions on issues
- Use the website or directory for updates to publish or circulate campaigns, petitions, job adverts, grants, consultations, or external initiatives/events
- Provide letters of support for organisations' making grant applications
- Participate as a collaborator or guest in fundraising events.

Versions/recordings:

Free (donated) comprehensive editions of publications and videos are made available to any reader/viewer via the website (www.insightexchange.net) and/or via Vimeo (<https://vimeo.com/insightexchange>).

We don't circulate slides presented at events, conferences, webinars or meetings. We don't record virtual sessions including content or Q&A to protect (as best we can) the circulation of individual questions, comments or disclosures during sessions.

FREE (DONATED)

Permissions list

Specifications for free (donated) use

- All materials can be **viewed and shared**.
- All booklets, guides and kits can be **viewed and downloaded**.
- All animations and modules can be **viewed, shared, and embedded**.

Note: Copyright, acknowledgement and disclaimers apply to all materials. At no point is permission granted for the materials to be commercialised into items or content for sale/profit in any form, nor any access fee applied (including training fees).

Thanks for your commitment to preserve the integrity of this free (donated) work. www.insightexchange.net/guide-using/

Link only (no embed code) Creating Conversations Videos and Masterclasses

Apply* to use specific original artworks on Insight Exchange
<https://www.surveymonkey.com/r/ArtsLabCollectionApplication>



www.insightexchange.net

This document is hosted here: <https://www.insightexchange.net/guide-using/>

8 ideas for sharing Insight Exchange

You can share Insight Exchange in many ways. Here are 8 ideas:

1. **Link** your website to Insight Exchange resources (pages/PDFs/Vimeo channel)
2. **Embed** Insight Exchange animations on your website
3. **Post** Insight Exchange resources via social media

4.



©UTBOWNET ©

Induction: New onboarding employees (across sectors/industries)

5.



©UTBOWNET ©

Ongoing professional development: Employees and Board members

6.



©UTBOWNET ©

Induction: New tertiary students (across schools/institutes/studies)

7.



©UTBOWNET ©

Ongoing Learning: Tertiary student learning extension (under & post-graduate)

8.



©UTBOWNET ©

Pre-requisite to attending a training session or course module

Apply*

Apply to use specific original artworks on Insight Exchange
<https://www.surveymonkey.com/r/ArtsLabCollectionApplication>



www.insightexchange.net

This document is hosted here: <https://www.insightexchange.net/guide-using/>

Media & Social Media

“The problem of violence is inextricably linked to the problem of representation”.

The words we select can:

- conceal or reveal violence
- obscure or reveal offender responsibility
- conceal or reveal responses and resistance; and
- blame or contest the blaming of victims ⁽¹⁾.

1. Dr Linda Coates and Dr Allan Wade (2007), 'Language and Violence: Analysis of Four Discursive Operations', *Journal of Family Violence*, 22:511-522.

Our support to media

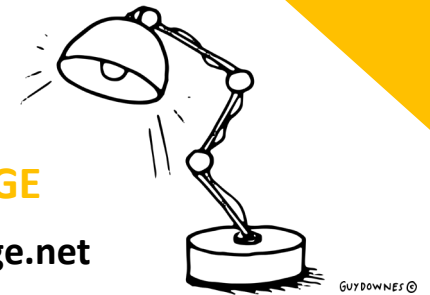
Individual journalists and media organisations are social responders to domestic, family and sexualised violence.

We invite journalists and media teams to use our free (donated) materials:

1. Explore Insight Exchange insights and materials to build on personal and professional understanding of domestic, family and sexualised violence (www.insightexchange.net)
2. Explore 90min masterclass Masterclass on Language and Violence with Dr Linda Coates (Centre for Response-Based Practice) (<https://vimeo.com/304100792>)
3. Consider signposting readers to free (donated) information and reflection resources in complement to Helpline numbers that media typically provide. Examples of key resources:
 - Short animations www.insightexchange.net/resources/animations/
 - Follow My Lead www.insightexchange.net/follow-my-lead/
 - My Safety Kit www.insightexchange.net/my-safety-kit/
 - My Dignity - My body is mine www.insightexchange.net/my-dignity/
 - My Support Options www.insightexchange.net/my-support-options/
 - Guide to Selecting a Counsellor www.insightexchange.net/selecting-a-counsellor/

INSIGHT EXCHANGE

www.insightexchange.net



Our engagement with media

All Insight Exchange insights and materials are made accessible on the Insight Exchange website at no cost to any reader.

Insight Exchange does not provide comment (off/on record) or engage in interviews with media.

Insight Exchange does not provide introductions to (or contact details of) people with lived experience of domestic, family or sexualised violence.

Our engagement with social media

Insight Exchange uses social media channels for the sole purpose of providing access to information and reflection resources, and information about new initiatives.

