

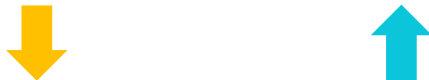
Insight initiatives

My Insights shared

Many of the participants who shared their lived experience insights with us, included descriptions (at their own lead) of **being subjected to strangulation**.



In response to these insights we prioritised the development of the [In Focus: Strangulation](#) (digital materials) to inform social, service and system change.

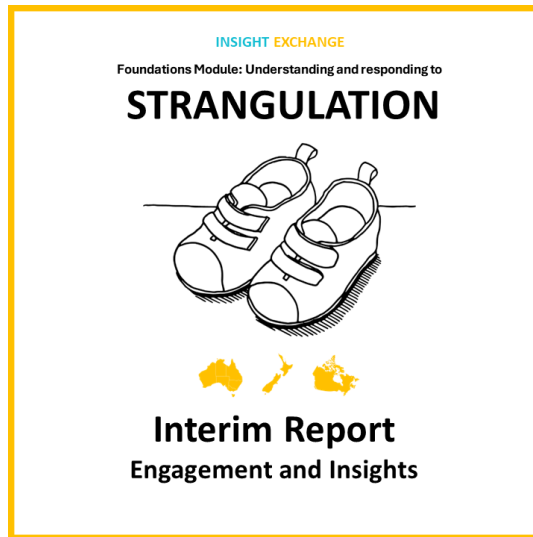


We invite people who view the materials to respond (in a de-identified way) to the participants who shared their lived experiences. These responses are published into the collection of [messages to participants](#) hosted on Insight Exchange: www.insightexchange.net/feedback-shared/

Participants who shared their lived experience insights can read about how their insights (and the materials) are being valued by engaging individuals and organisations. For example: ['My Key Insight'](#), ['Start Keep Stop'](#) summary and the [interim summary report](#) (adjacent)

Exchange initiatives

Interim Summary Report: In Focus Strangulation



Read the [interim summary report](#) (Oct 2022 - March 2023)

The interim summary report presents point in time data about engagement in and responses to Insight Exchange materials focused on strangulation.

The materials and opportunities have been donated without cost barriers to use or share.

- Animation (5mins)
- Module (60mins)
- 90min virtual session for teams (60min module + 30min Q&A)
- Responses and insights from participants who viewed the module

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