INSIGHT EXCHANGE

THE CREATIVE BOOK EXCHANGE

A library of words

The following words are a possible place to start and respond.

- If I write on the paper, it feels real.
- I can't write in my own journal it would be too dangerous.
- It lives on silently within me.
- How does one talk beyond language.
- How to make cognitive sense of multiplicity.
- There are feelings and stories at the bottom of my mind that I need to release.
- His acts of violence designed to shape and sharpen his control.
- Inscribing code.
- I want to communicate telepathically; it could be the safest way.
- He feels my existence through his power.
- Amongst all this, I know how to survive.
- Survival is shaky balance.
- Invisible force.
- Blind corners and hidden doors.
- I was forced to reorientate.
- A network of hidden signs already inscribed.
- Other worldliness of violence.
- An attempt to crystallise my experience in the hidden pages of the book.
- How myths persist through time, through families, through systems, through societies impeding on a safe space to express my experiences of violence.
- I changed my focus to an alternate timeline.
- I want my experience of violence to be seen somehow.

- A cascade of memories.
- A familiar sense settled over me.
- An invisible object inside called out to disconnect.
- Other worldliness of violence.
- How do I orientate myself back to safety.
- Am I the only one who can be certain of what happened in front of me, to me?
- I was approaching collapse.
- There was no cause or effect relationship, there was just the threat of violence and control.
- He fiercely rejected the definition of violence.
- Both whispering and roaring.
- She maintains herself at the edge of disassociation.
- He feels my existence through his power
- He screamed through me with all his anger.
- I have left, the force has not diminished.
- The perspective will come as an integral part of witnessing knowing.
- I would say, it was survival magic.
- There is no reason to doubt, they are real.
- My home possesses many possibilities for death, threats and impending doom it is not from deadly snakes or funnel webs.
- Unable to escape the boundaries of the violent culture around me.



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