



Insight initiatives

Voices of Insight Melinda

Melinda - 'Violence is like a spider's web.'

(Content contains descriptions of and resistance and responses to violence and abuse)

Explore more about Voices of Insight www.insightexchange.net/voices-of-insight/

FOLLOW MY LEAD Library

The [Follow My Lead library](#) shares de-identified examples of *follow my lead* in action. The library features experiences of responses described by victim-survivors of domestic, family and sexualised violence, and responses from responders.

- Play the video to listen to the example in audio
- Open the related PDF to read the audio script in text

These examples are not conclusive, exhaustive or advisory and do not provide a full context.

Our thanks to contributors who shared their insights for the benefit of many.

Exchange initiatives

Mexico Project - New

The INEGI (National Statistics Institute), in the National Survey about Relationships in Homes Dynamics, indicates that 49.7 per cent of Mexican women suffer from sexualised violence since the age of 15. And 70 percent, have experienced violence in some of its forms in partner, family, school, workplace (formal and informal), community and digital spaces.

In FY22/23 Insight Exchange is working with Mexico based Associates *Dr Tania Solorio* and *Andrea Salamanca* to support an uplift in understanding of and responses to domestic, family and sexualised violence in Mexico.

Español

Five resources have been published on Insight Exchange - in Spanish (with Mexico support contacts).

- Follow My Lead animation
- Follow My Lead booklet
- What is DFV?
- My Safety Kit
- Voices of Insight Collection (Excerpts)

Open Insight Exchange [Update 52](#) to read about the resources (update is in Spanish)

Each resource is featured on the relevant landing page:

www.insightexchange.net/espanol/

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