

The perpetration of **strangulation** is a serious problem globally.

So, how can we improve our understanding of and responses to strangulation?



INSIGHT EXCHANGE

Foundations Module Understanding and responding to **STRANGULATION**



"It was like a secret car accident - heading towards the violent void. My memory as the only witness. It came out of the blue, for no reason other than his rage and anger. It was 33 years ago, just 6 weeks into motherhood. I can still remember the colour and texture of the wallpaper where the whole 45kgs of my body was thrown against. His hands gripped around my throat, screaming violently into my face at a tissue-paper-thick distance. My panicked body shuddered, the sound of my cries as his grip got tighter, and a hypoxic state, I felt the passing of time through me. As the white luminous stars washed over my vision, I was alone. I was expecting to die. What was to happen to my newborn? Who would look after him?"

[Anon.]

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Foundations Module
Understanding and responding to
STRANGULATION

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CANADA

Free (donated) Virtual Session (90mins)

Structure: 90mins

60mins module + 30mins Q&A

with Danielle Allen & Dr Shelly Dean

[Booking Link](#) for Team Booking



Follow the link above to book a place for your team into 1 of the 3 available sessions below:

1	2	3
<u>Pacific Daylight Time (PDT)</u>	<u>Pacific Daylight Time (PDT)</u>	<u>Pacific Daylight Time (PDT)</u>
Date: Thu 23rd March 2023	Date: Thu 13 th April 2023	Date: Thu 25 th May 2023
Time: 3pm – 4:30pm	Time: 3pm – 4:30pm	Time: 3pm – 4:30pm

Session Link:

A Zoom link will be supplied to team booking contact who will distribute to the team.

Q&A



INSIGHT EXCHANGE Understanding and responding to STRANGULATION



Scan the static QR code to open this URL
www.insightexchange.net/strangulation

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Danielle Allen
Insight Exchange Associate
& Churchill Fellow

Danielle has worked in a diverse range of health and education settings in metropolitan, regional and rural areas in NSW Australia. She has extensive experience in counselling, group work, advocacy, training, project and community development roles in the domestic, family and sexual violence in the women's and children's health sector.

She currently lives on unceded Wiradjuri lands. Danielle has previously been involved with service improvement projects with the Western NSW Local Health District Prevention and Response to Violence Abuse and Neglect Service. She is conducting research investigating best practice responses in the area of non-fatal strangulation.

Danielle is committed to centring the voices of people with lived experience in building the knowledge and capacity of social and sector responders through education and training. This training has been delivered through NAPCAN, NSW TAFE and NSW Health staff with a focus on reflective, integrated practice and service delivery with a strong focus on interpersonal family violence. Danielle holds a Bachelor of Social Work (University of Sydney Hons 2), Graduate Diploma in Education (University of Sydney) and a Bachelor of Arts (Majors in Fine Arts and Psychology), (University of Sydney).

Danielle was awarded a Winston Churchill Fellowship to explore collaborative responses to victims of interpersonal violence who have experienced non-fatal strangulation and traumatic brain injury in the USA and Canada. Read the report here [Churchill Fellowship project and report](#).



Dr Shelly Dean
Member - Insight Exchange International Advisory Group
Member of Centre for Response Based Practice Canada
and manager of Response-Based Practice Interior
(Canada)

Shelly Dean (Bonnah) is a family therapist, clinical supervisor and organizational consultant from Kamloops, BC, Canada. As a therapist, Shelly works with children, youth and adults who have experienced violence and other forms of adversity, with a special interest in victims who have experienced domestic and institutionalized violence.

Together with her team, Shelly also works with perpetrators of violence in the areas of risk assessments, pornography, and counselling. Her doctoral research focused on children's responses and resistance to violence--specifically understanding their behaviour in context, the nature of social interactions with young people, the connection between violence and mutualizing language, and the social responses that they receive.

Shelly also worked as a senior leader for a multi-service, non-profit organization for a large part of her career. In this setting, Shelly applied the principles of Responses-Based ideas in leadership and other organizational priorities such as policies and human relations challenges.

Currently, Shelly works with other professionals who are interested in Response-Based Practice as a supervisor and an organizational consultant. She has also taught in the Master of Counselling programs through City University of Seattle and the Master of Education program at Thompson Rivers University.