

Additional Resources List

The list is designed to support people who viewed the *Insight Exchange Foundations Module - Understanding and responding to strangulation* with awareness of a range of tools, projects, networks, resources about strangulation, concussion, and acquired brain injury.

This list of external resources is illustrative and not exhaustive or conclusive.

The list is alphabetised under each of the four headers:

1. Organisations | Initiatives | Projects
2. Online eLearning modules and courses
3. Guides | Tools | Fact Sheets
4. Other additional information or directly related focus areas

Last updated: 21 October 2022

1. Organisations | Initiatives | Projects

ABI Research Lab (Canada)

University of Toronto's internationally recognised research lab, library and care guidelines that address brain injury among vulnerable populations, particularly women and girls.

<https://abitookit.ca/care-guidelines/care-guidelines/>

Alliance for Hope (USA)

The Alliance runs the U.S. Institute for Strangulation Prevention which provides education, resources and advocacy to enhance the knowledge and understanding of professionals working with victims of domestic violence and sexual assault who are strangled.

<https://www.allianceforhope.com/courses/the-last-warning-shot/>

Australian Institute for Strangulation (in partnership with Training Institute for Strangulation Prevention San Diego)

Training and research for professionals working with domestic violence and sexual assault intimate partner strangulation.

<https://strangulationprevention.com.au/>

Brain Injury Australia (Australia)

Fact sheet, brain injury prevalence data and links to research.

<https://www.braininjuryaustralia.org.au/wp-content/uploads/acquired-brain-injury-and-family-violence.pdf>

Churchill Fellowship Report

Allen, D. (2022) *Beyond the Headline – exploring collaborative responses to non-fatal strangulation and head injury experienced by domestic violence victims*, USA and Canada, Winston Churchill Trust Australia.

<https://www.churchilltrust.com.au/project/to-explore-integrated-responses-to-non-fatal-strangulation-domestic-violence-victims/>

Domestic Violence Service Management (DVSM) DFV/ABI Project (Australia)

Project focused on the intersection of domestic and family violence and acquired brain injury. Project report and related materials <https://dvnsdsm.org.au/help-articles-guidelines/projects-and-initiatives/dfvabi/>

- [DFV ABI Resource 01: DFV & ABI Summary](#)
- [DFV ABI Resource 02: DFV & Concussion/m-TBI \(mild Traumatic Brain Injury\)](#)
- [DFV ABI Resource 03: DFV & Strangulation](#)
- [DFV ABI Resource 04: DFV & Neurocognitive Difficulties](#)

Queensland Centre for Domestic and Family Violence Research (Australia)

Research, education, training, and sector support. Recent report providing a summary of key themes arising from a study with women impacted by strangulation.

<https://noviolence.org.au/>

Red Rose Foundation (Australia)

Providing counselling and groups for women who have experienced non-lethal strangulation, education, community awareness activities and systems advocacy. The *Strangulation Trauma Centre* is a place for direct client support.

<https://www.redrosefoundation.com.au/>

Synapse (Australia)

Resources, research, and support for survivors of brain injury and their carers. Programs and advocacy for system change particularly for marginalised populations, including culturally appropriate processes for identifying brain injury and complex disability in Aboriginal and/or Torres Strait Islander peoples.

<https://synapse.org.au/community-hub/people-with-brain-injury/>

2. Online eLearning modules and courses

Barrow Neurological Institute (USA)

Information to support recognising traumatic brain injuries and rehabilitation care needs for survivors of domestic violence.

<https://www.barrowneuro.org/patient-care/support-resources/education-seminars/tbi-domestic-violence-primary-care-provider-forum/>

CATT Concussion Awareness Training Tool (Canada)

Concussion awareness for women's support workers.

<https://cattonline.com/womens-support-workers/>

Connectivity (Australia)

Short course for victim /survivors and carers in Concussion management, designed in conjunction with the University of Tasmania to improve understanding about concussion, including recognising the signs and symptoms, and how concussions can impact everyday life.

<https://www.connectivity.org.au/concussion-short-course/>

Ohio DV Network (USA)

Online Learning Academy for domestic violence responders

https://odvn.talentlms.com/catalog/info/id:136,cms_featured_course:1

SOAR Project - Supporting survivors of abuse and brain injury through research (Canada)

Links to learning resources and tip sheets regarding brain injury and intimate partner violence.

<https://soarproject.ca/information-resources/>

U.S. Institute for Strangulation Prevention (USA)

Online training on investigating strangulation, publications, resource library.

<https://www.strangulationtraininginstitute.com/investigating-strangulation/>

3. Guides | Tools | Fact Sheets

Abused and Brain Injured (ABI) Tool Kit (Canada)

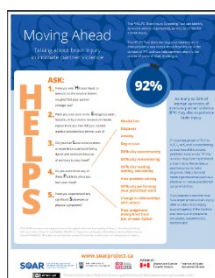
Information, resources, research and practice recommendations for informed service delivery and increased understanding of the intersection of intimate partner violence and traumatic brain injury.

<https://abitoolkit.ca/service-provision/links/>

Adapted HELPS Tool SOAR Project (Canada)

Brain injury and strangulation screening tool

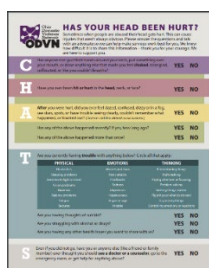
<https://soarproject.ca/information-resources/>



CHATS Tool Ohio DV Network (USA)

Tool to support asking victim/survivors about strangulation and head injury.

<https://www.odvn.org/downloadable-resources/downloadable-resources/>



International Association of Forensic Nurses (International)

Non-fatal Strangulation Documentation Toolkit (2016), resources and education for forensic nurses.

https://www.forensicnurses.org/wp-content/uploads/2022/01/strangulation_documentation_.pdf

Invisible Injuries Ohio DV Network (USA)

Practical tips and reflection resources for victim/survivors of strangulation and/or head injuries.

https://www.odvn.org/wp-content/uploads/2020/04/ODVN_Resource_InvisibleInjuries_web.pdf

Love your brain (USA)

Not for profit organisation that offers resources and programs to improve the quality of life of people affected by traumatic brain injury and raises awareness about the importance of brain health.

<https://www.loveyourbrain.com/>

Non-fatal Strangulation Fact Sheet, Government of Western Australia (Australia)

Patient information produced by the Sexual Assault Referral Centre, King Edward Memorial Hospital.

<https://www.kemh.health.wa.gov.au/~media/HSPs/NMHS/Hospitals/WNHS/Documents/Patients-resources/SARC---Non-fatal-strangulation.pdf>

Shine (New Zealand)

New Zealand's national domestic and family violence Helpline and leading specialist domestic violence service provider. Strangulation pamphlet for victim/survivors.

<https://www.2shine.org.nz/wp-content/uploads/Strangulation-Information-pamphlet.pdf>

Symptoms of Strangulation (SOS) Card (Australia)

Wallet sized list of signs and symptoms that may result from experiencing strangulation, can be shared with victim/survivors in the context of a conversation about safety. Designed by the Western NSW Local Health District PARVAN team. Order hard copies in multiple languages from digitalservices@customerservice.nsw.gov.au or download from https://aci.health.nsw.gov.au/_data/assets/pdf_file/0004/580198/SOS-card-final-Non-Fatal-Strangulation.pdf



Western Australian Government Department of Justice (Australia)

Public education campaign launched in 2020 to inform the community about strangulation and suffocation. <https://www.wa.gov.au/government/announcements/new-weapons-the-fight-against-strangulation>

4. Other additional information or directly related focus areas

Legal context in Australia

Policy Recommendations

Douglas, H., Fitzgerald, R. (2022) *The Australian legal response to non-fatal strangulation: Policy recommendations*, Emerald Open Research, 4:29. <https://emeraldopenresearch.com/documents/4-29>

Non-fatal Strangulation Australian Legislation

Summary of strangulation laws by state and territory, School of Law, Melbourne University.

https://law.unimelb.edu.au/_data/assets/pdf_file/0007/4083784/Non-fatal-Strangulation-Laws-in-Australia.pdf

University of Melbourne

Dedicated research program on the non-fatal strangulation offence as a response to domestic and family violence.

<https://law.unimelb.edu.au/research-programs/non-fatal-strangulation-offence>

Use of neck restraints by law enforcement

American Association of Neurology (USA)

The AAN (2021) recommends prohibiting the use of neck restraints. It states that no amount of training or method of application of neck restraints can mitigate the risk of death or permanent profound neurologic damage with this manoeuvre.

<https://www.aan.com/advocacy/use-of-neck-restraints-position-statement>

Queensland Police (Australia)

Officers are licensed – in some situations – to use what is known as a “lateral vascular neck restraint (LVNR)”. Operational Procedures Manual, Issue 71 Public Edition | 26 July 2019

<https://www.police.qld.gov.au/sites/default/files/2019-08/OPM%20-%20Chapter14%20-%20Oepiraional%20Skills%20and%20Practices.pdf>

Media Articles (International)

Berger, M., Noack, R. (2021) *From guns to neck restraint: How police tactics differ around the world*, Washington Post.

<https://www.washingtonpost.com/world/2020/06/06/guns-neck-restraint-how-police-tactics-differ-around-world>

Smith E.J. (2020) *Slave patrols and chokeholds: A historic look at police brutality and racism in the US*, Dateline SBS.

<https://www.sbs.com.au/news/dateline/article/slave-patrols-and-chokeholds-a-historic-look-at-police-brutality-and-racism-in-the-us/j0fgtt7sd>

Purcell, P. (2020) *'I can't breathe': The police forces using chokeholds, and why*. The New Daily.

<https://thenewdaily.com.au/news/world/2020/06/06/chokeholds-police/>

Pornography - Strangulation

It's Time We talked (Australia)

It's time we talked is a violence prevention initiative that supports young people, parents, schools, government and the community sector to understand and address the influence of pornography.

<https://itstimewetalked.com/>

Our Watch (Australia)

Our Watch is a national leader in the primary prevention of violence against women and their children in Australia. It strives to embed gender equality and prevent violence where Australians live, learn, work and socialise.

<https://www.ourwatch.org.au/about-us/>

The Light Project (NZ)

Accessible information and resources for young people navigating sexually explicit online content including strangulation.

In The Know | Got questions about porn, nudes or online sexual stuff?

<https://www.intheknow.co.nz/>



Return to the Insight Exchange website to view/read the following:

www.insightexchange.net/strangulation/

Animation

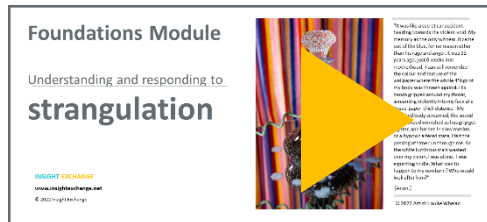
Understanding and responding to Strangulation.



View, share and/or embed the [short animation](#) designed to inform understanding about the dangers of strangulation.

Foundations Module: Strangulation

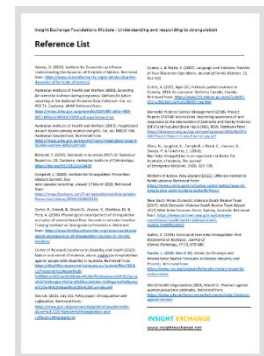
Understanding and responding to Strangulation.



View, share and/or apply to embed the digital module (video) developed with lived experience insights and local and international expertise.

Reference List

Sources/references used in the module.



All Insight Exchange materials are subject to the guidance Using Insight Exchange <https://www.insightexchange.net/guide-using/>

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