

INSIGHT EXCHANGE

Insight Exchange centres on the expertise of people with lived experience of domestic and family violence and gives voice to these experiences. It is designed to inform and strengthen social, service and systemic responses to domestic and family violence.

Insight Exchange has been established, developed and is governed by Domestic Violence Service Management (DVSM) a registered charity (ABN 26 165 400 635).



Dear Workplace,

Do you contract an Employee Assistance Program? If yes, are you aware of how violence-informed the EAP is in responding to domestic, family and sexualised violence (DFSVM)?

In 2022, Insight Exchange has a focus on the intersection of workplaces and EAPs and their responses to DFSVM. This is a donated opportunity designed to inform and support workplaces and EAPs as vital responders.

Read the [workplace and EAP intersection strategy](#) or open specific initiatives listed below.

Building on workforce understanding of DFSVM (any employee/associate – any EAP)

(1) [EAP masterclasses](#) - Information & booking link

EAP Access to insight-informed resources and guidance (EAPPA members and non-members)

(2) About [No Hidden Door - EAP Industry data](#) & Guidance: Website content and functions

(3) About [No Hidden Door - EAP customised reports](#)

(4) [Boxset of resources per EAP Provider](#)

Facilitating Practice Exchange (workplaces, EAPs and workplaces & EAPs)

(5) Set of 3 [EAP reflective practice sessions](#) - Information & booking link

(6) Set of 3 [workplaces reflective practice sessions](#) - Information & booking link

(7) Workplace and EAP network

What can you do as a workplace?

1. Explore the [Workplace responses](#) page on Insight Exchange to learn about and make use of the insights and material freely available to you as a workplace.
2. Invite your contracted EAP to explore the new opportunities outlined on the [workplaces and EAP intersection](#) page. They may be interested in the donated support opportunities (Items 1-5 & 7 above).
3. Consider and book into the Set of 3 [workplaces reflective practice sessions](#) (item 6 above).
4. Express your interest in participating in the workplace/EAP network when it is reignited. You can let us know by emailing contact@insightexchange.net

[Meet the Insight Exchange Team supporting this work](#) - Insight Exchange Assistant Director **Luke Addinsall** (Qualified and accredited Mental Health Social Worker and Counsellor with extensive experience in working with men who use violence) and Insight Exchange Associate **Kaylene Edson** (Workplace and EAP intersection with extensive experience in workplace responses to DFSVM).

Together we can make a meaningful difference for employees who may be experiencing domestic, family and sexualised violence

The Insight Exchange Team

www.insightexchange.net