

Insight Exchange team involved in Workplace and EAP intersection supports



**Kaylene Edson | Associate
Workplace and EAP intersection**

Diversity & Inclusion and Health & Safety professional who has a passion for uplifting how workplaces respond to and support their staff impacted by domestic family violence and abuse. As an Insight Exchange Associate Kaylene's work will focus on the intersection of workplaces and Employee Assistance Programs to build on the understanding of, and responses to, domestic, family and sexualised violence.

Previously, Kaylene Edson, as Diversity, Inclusion, and Belonging Consultant for [CSIRO](#), was able to take the Insight Exchange [Workplace Kit](#) (Insights Paper, Follow My Lead and My Safety Kit) to develop the organisations workplace response to domestic family violence and abuse by engaging with and applying Insight Exchange ideas and initiatives into the workplace. This practical application of the ideas is what Kaylene is able to share with others (small, medium and large workplaces across Australia) as an illustrative example of what is possible within workplaces. One supportive conversation at a time.

Kaylene's involvement in Insight Exchange has included engagement in the 2019 Workplace/EAP Masterclass, as a participant in the Workplace and EAP network, and as an active Associate in Probono hours.

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**Luke Addinsall
Assistant Director - Insight Exchange**

Luke is a Qualified and accredited Mental Health Social Worker and Counsellor with extensive experience in working with men who use violence. He has worked for over 20 years in the social sector across Government departments, specialist services, private practice, and as a consultant and individual and group supervisor.

Luke's practice has primarily involved working with men in counselling and in men's group programs. He's recently completed his term as co-chair of the NSW Men's Behaviour Change Network. He has also engaged as a Specialist Consultant, as a member of No to Violence' NSW Expert Panel for Men's Behaviour Change and member of the DVNSW Policy and Advisory Committee as a specialist in working with men who use violence. Luke has also contributed to training the sector, at TAFE's, with NSW Education Centre Against Violence (ECAV) and various other consultancy roles for registered training organisations (RTO's).

Luke's brings an eclectic approach and understanding to the work from the various therapeutic modalities he's been trained in, including: Acceptance & Commitment Therapy, Narrative Therapy, and Psycho-somatic psychotherapy.

Prior to starting with Insight Exchange Luke was the manager of the Men & Family Centre. An organisation that specialises in collaborative, respectful whole-of-family responses to domestic and family violence. As Assistant Director, Luke co-leads the overall initiative and portfolios within Insight Exchange.

Contact:

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