



BOOKING

FREE: Opportunity for Workplaces who have a contracted Employee Assistance Program (EAP)
3 x virtual sessions facilitated by Insight Exchange

Reflective Practice Sessions

Focus: Building on understanding of and responses to domestic, family and sexualised violence (DFSV)

**Designed and donated by Insight Exchange.
Places are limited. Bookings essential.**

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Invitation: Set of 3 Workplace Reflective Practice Sessions

We invite any employees from any workplace interested in the intersection of EAP responding to DFSV to participate in the 3 Reflective Practice sessions with workplaces (who have contracted EAP providers) focused on domestic, family and sexualised violence (DFSV).

The purpose of the sessions is to support a confidential reflective semi-structured discussion about workplace practices and challenges in responding to DFSV.

Format: Virtual | Duration: 2hrs

Facilitators: Insight Exchange Assistant Director Luke Addinsall (Qualified and accredited Mental Health Social Worker and Counsellor with extensive experience in working with men who use violence) and Insight Exchange Associate Kaylene Edson (Workplace and EAP intersection with extensive experience in workplace responses to DFSV).

Set of 3 sessions (2023)

- March: Wednesday 22nd March (1-3pm) (AEST)
- May: Wednesday 3rd (1-3pm) (AEST)
- June: Tuesday 7th (10 – 12pm) (AEST)

Outline of the sessions:

- Acknowledgement and welcome
- Situating the sessions in *'seeing possibilities'* & *Workplace Insights Paper* - 6 themes
- Introduction of participants and workplaces
- Introducing the *quality response continuum*
Examples – set against the 6 themes
Sharing examples – what's worked and what is challenging across the 6 themes
- Resources & networking

Places are limited and booking is essential.

[Book Here.](#)

Terms of participation:

- Participation is free however places are limited, and involvement will be limited to a mix of Workplaces (who have EAP contracts) (I will receive confirmation after booking)
- Booking is for participation in all 3 sessions (Links to the sessions will be provided after my booking is confirmed)
- Participation is practical and conversational – I am invited to have my camera on and to be engage in the discussion
- Participation is confidential - content I raise must exclude names and identifiers of any person (client/team) and the discussion cannot be repeated outside of the session
- The session is not recorded, and notes are not documented or circulated.
- Deidentified themes will be used in any external facing documentation or to bridge the discussion between sessions.
- I need to email the IE Team if I cannot participate, and I understand I am not permitted to allocate a replacement attendee from my organisation.
- Cancellations can be sent to:
Kaylene.edson@insightexchange.net



Insight Exchange is donating this opportunity to inform and support improved responses to domestic family sexualised violence.

Insight Exchange has been developed over time with international and local content experts and lived-experience expertise. Insight Exchange gives particular thanks to the Centre for Response-Based Practice, to the individual donors who make this work possible, and most significantly to the people who have shared their lived-experience insights for the benefit of many.

For any further information please contact the Insight Exchange Team, contact@insightexchange.net