



VIC

Victoria

"What if I choose to make a report, or seek forensic medical evidence or a claim?"

Specialist Responses to Sexualised Violence

[My Dignity - My body is mine](#) hosts national contacts for support services. In addition this directory hosts information for the state of Victoria (VIC) about specialist responses to sexualised violence from police, women's legal services and victim services. The directory is not exhaustive. Victims of sexualised violence may choose other options for support.

Victorian Legal Services

Victorian Legal Aid

Victorian Legal Aid provides legal information to all Victorians through:

- Phone line: 1300 792 387 (Monday to Friday from 8am to 6pm)
- Online chat (<https://www.legalaid.vic.gov.au/>)
- Legal information on their website (this section contains information on sexualised violence and the law: <https://www.legalaid.vic.gov.au/find-legal-answers/sex-and-law/get-help>)

You may be able to access their other more detailed services (such as lawyer representation and legal appointments) if you can't afford a lawyer.

Victorian Legal Aid website does not have a quick exit button.



Victoria Police and Specialist Responses

Sexual Offences and Child Abuse Investigation Teams (SOCITs) – Victorian Police

Sexual Offences and Child Abuse Investigation Teams (SOCITs) are staffed by experienced and qualified detectives who are trained to respond to and investigate sexual offences and child abuse by perpetrators known to the victim.

The SOCIT response prioritises the needs of victims. Any investigation is a victim-led process. They aim to ensure your safety and wellbeing; your ability to regain control of your circumstances; and to provide access to support, information, justice and services appropriate to your need.

You can access SOCIT through:

- Contacting your local police station
- Using the Victorian Police website list to contact the SOCIT in your local area (<https://www.police.vic.gov.au/sexual-offences-and-child-abuse-investigation-teams>)

Victoria Police website has a quick exit button.

Sexual Assault Services Victoria

Sexual Assault Services Victoria (SAS Victoria) has further information on reporting sexual assault to police here: <https://www.sasvic.org.au/reporting-sexual-assault-to-police>

SAS Victoria website has a quick exit button.



Victoria Police and Specialist Responses

Domestic and Family Violence – Victoria Police

The Victoria Police website provides further information on responses to family violence, including family violence safety notices and intervention orders: <https://www.police.vic.gov.au/family-violence>

Victoria Police website has a quick exit button.

Domestic and Family Violence - Safe Steps

Safe Steps is Victoria's 24/7 family violence response centre. They provide a crisis phone line to discuss risks, safety options and referrals.

Phone: 1800 015 188 (24 hours)

Email: safesteps@safesteps.org.au

Website: [Sexual Abuse – Safe Steps Family Violence Response Centre](#)

Safe Steps website has a quick exit button.



Victorian Victims Services

Help for victims of sexual assault

Sexual Assault Crisis Line Victoria (SACL)

SACL is a state-wide, after-hours, confidential, telephone crisis counselling service for people who have experienced both past and recent sexual assault.

If you contact SACL you will be able to speak to a Counsellor/Advocate on the telephone about how you are feeling and what support you would like. You can receive information about medical and legal services, including support to contact police or undergo a medical examination if you wish.

The Counsellor/Advocate can also arrange for you to meet another Counsellor/Advocate from your nearest Centre Against Sexual Assault (CASA).

Phone: 1800 806 292 (free)

(SACL operates between 5pm weeknights through to 9am the next day and throughout weekends and public holidays)

Website: <https://www.sacl.com.au/>

SACL website does not have a quick exit button.

Victorian Centres Against Sexual Assault (CASAs)

CASAs are specialist services across Victoria that support victim survivors of sexual assault and their family members. There are also services that treat children and young people who have engaged in harmful sexual behaviour.

CASAs provide free and confidential support, including crisis support services to women, children, young people, men and people who identify as gender diverse.

To access your nearest CASA, you can find a list on SAS Victoria's website:

<https://www.sasvic.org.au/our-members>

SAS Victoria website has a quick exit button.





MY DIGNITY MY BODY IS MINE

“ Just because I couldn't stop it
doesn't mean I let it happen. ”

A resource for people who have experienced sexual violence or people
who would like to learn more. *Contains examples of violence and abuse.

[My Dignity - My body is mine](#)



Use the QR Code to
open the My Dignity
landing page on
Insight Exchange

www.insightexchange.net

*The Insight Exchange website
has a safe exit button.*