

Are you wanting to **be more prepared to respond effectively**

if someone shares with
you their experiences of
domestic and whānau
violence?



This resource speaks from the voices of people with lived experience of domestic and whānau violence who need their friends, family and professionals to be more prepared to respond effectively. More prepared to respond in ways that uphold dignity and build on safety.

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WHĀNĀU, NEIGHBOURS
SUPPORTIVE/OPPRESSIVE SYSTEMS
LOVE & CONNECTION
(WHĀNĀU, COMMUNITY, SPIRITUALITY & WHĒNUA)
PHYSICAL & SEXUAL
TAKAHLOE MĀ



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