

The image features a dark blue background with a white location pin icon on the left. To the right of the icon, the letters 'NSW' are written in a large, bold, white sans-serif font. Below 'NSW', the words 'New South Wales' are written in a smaller, white sans-serif font. In the top-left corner, there is a graphic of a white page being peeled away from a textured surface, showing red and blue colors underneath.

NSW New South Wales

"What if I choose to make a report, or seek forensic medical evidence or a claim?"

Specialist Responses to Sexualised Violence

[My Dignity - My body is mine](#) hosts national contacts for support services. In addition this directory hosts information for the state of New South Wales (NSW) about specialist responses to sexualised violence from police, women's legal services and victim services. The directory is not exhaustive. Victims of sexualised violence may choose other options for support.

Women's Legal Services NSW

Your rights after Sexual Assault

The Women's Legal Service NSW (WLSNSW) has a lot of clear and helpful information.

Sexual Assault - Your rights and the law

<https://www.wlsnsw.org.au/resources/sexual-assault/>

You may want to specifically look at the webpage called **Your rights after Sexual Assault**

<https://www.wlsnsw.org.au/resources/sexual-assault/your-rights-after-a-sexual-assault/>

The page provides information (and links) about

- Getting medical help
- What will a Sexual Assault Service do?
- Why is getting medical help important?
- What is a forensic examination?

NSW Police Force (NSWPF)

Adult Sexual Assault

https://www.police.nsw.gov.au/crime/sex_crimes/adult_sexual_assault

The following information is a direct excerpt from the link above as of June 2021.

“There are several options a victim of sexual assault can take and these include;

Report To Police: Engaging police and having the matter formally investigated. This process will involve providing police with a statement and an offender may be arrested and charged. The victim may have to attend court. In most circumstances to make a report of sexual assault, you will need to travel to your local police station. You can find [your police station here](#).

However, if the offence has just happened, or in an emergency, call Triple Zero (000) and police will come to you.

Complete a [sexual assault reporting option \(SARO\)](#), where vital information on the assault is provided to police, without the matter being formally investigated.

Engage a support service: Engage any of the support services, including the NSW Rape Crisis Centre on 1800 424 017. A list of other support services can be found in [Useful Contacts](#).”

Quick Exit: NSWPF website pages about ‘Adult Sexual Assault’ have a quick exit button

Domestic and Family Violence

The NSWPF website contains information about other crimes <https://www.police.nsw.gov.au/crime>

In particular the NSWPF have information on **Domestic and Family Violence**
https://www.police.nsw.gov.au/crime/domestic_and_family_violence

Quick Exit: NSWPF website pages about DFV have a quick exit button

NSW Department of Communities and Justice Victims Services

Help for victims of sexual assault

Victims Access Line (Monday-Friday, 9am-5pm) [1800 633 063](tel:1800633063)

<https://www.victimsservices.justice.nsw.gov.au/sexualassault>

The following information is a direct excerpt from the link above as of July 2020

“Sexual assault is a crime.

Its impact can be devastating. However, recovery is possible and there is help available to assist you.

If you are a victim of sexual assault there are [many services you can contact](#), depending on your needs, to report the crime or to seek counselling and support. The **Victims Access Line (1800 633 063)** provides information, referral and support to victims of crime.

In an emergency phone **000** or your [local police station](#).

Otherwise you can phone your local [sexual assault service](#). These services are free and confidential to any male or female victim of sexual assault, their friends and family.

Not only are services available, there are also changes in laws which have improved the way victims of sexual assault are supported and treated in the court system in New South Wales, Australia.

Victims of crime in New South Wales have a [Charter of Victims Rights](#) to protect and promote their rights.”

Quick Exit: The NSW Department of Communities and Justice Victims Services website page has a quick exit button.



MY DIGNITY
MY BODY IS MINE

“ Just because I couldn't stop it
doesn't mean I let it happen. ”

A resource for people who have experienced sexual violence or people
who would like to learn more. *Contains examples of violence and abuse.

[My Dignity - My body is mine](#)



Use the QR Code to
open the My Dignity
landing page on
Insight Exchange

www.insightexchange.net

*The Insight Exchange website
has a safe exit button.*