

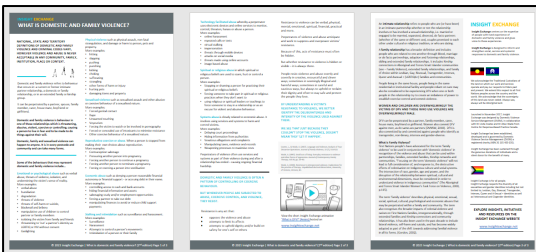
Insight initiatives

What is domestic and family violence?

Are you looking to read and/or signpost to a comprehensive description of domestic and family violence (DFV) that includes examples of behaviours **and** acknowledges that victims resist and respond to violence to uphold their dignity and build on safety?

The Insight Exchange website landing page [‘What is domestic and family violence?’](#) has been updated.

The information on this page is also available in PDF format: [What is domestic and family violence?](#) And as an animation – see below.



The animation [‘What is DFV?’ \(4mins\)](#) is hosted on the Insight Exchange [landing page](#). A link to this animation is also included in the PDF.

Exchange initiatives

Insight Exchange and [Centre for Women’s Economic Safety](#) have collaborated to develop a new resource for responding organisations focused on economic safety.

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SUPPORT MY ECONOMIC SAFETY

A guide for organisations thinking about how to address economic abuse



[Support my economic safety](#) provides guidance and reflections for people in organisations and systems who want to improve responses to economic abuse. It has been developed from the insights of women who have experienced economic abuse in the context of domestic and family violence and includes their words as ‘case studies’ throughout. Lived experiences of economic abuse have significant and ongoing consequences, negatively impacting all domains of wellbeing.

The lived experience insights included in this resource demonstrate the significant potential for better responses, (and improved design of products, services and systems to support the economic safety of victim-survivors.

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