

Insight Exchange

Update 31



Insight initiatives

Exchange initiatives

My Safety Kit

My Safety Kit is a reflection resource that speaks in the voice of the reader who may be reflecting on their own relationships and (possible) experiences of domestic and family violence.



Insight Exchange Short Guides

In 2020 when the first Covid-19 measures were introduced we developed a series of guides to support the responses of individuals and sectors to people experiencing domestic and family violence during and beyond COVID-19.

Each guide takes a focus on considerations for **now**, and **next**, to be ready to support people experiencing domestic and family violence.

Supporting people during and beyond COVID-19 is our shared responsibility and no sector can create safety alone.

Responding to domestic and family violence during and beyond COVID-19:

[A guide for family and friends](#)

[A guide for workplaces](#)

[A guide for responding to customers](#)

[A guide for faith communities](#)

[A guide for responding to tertiary students](#)

These guides have been refreshed to include links to animations that introduce the named resource/s.

<p>View the My Safety Kit animation</p> <p>An introduction for people reflecting on their relationships (2.4mins)</p>	
<p>View the My Safety Kit animation</p> <p>An introduction to the decision-making tool (3.5 mins)</p>	

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