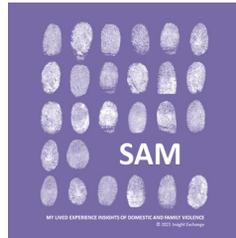


## Insight initiatives

Insight Exchange hosts de-identified lived experience insights of domestic and family violence, exploring what a person is having to do, or not do, to stay safe and well in the context of their relationship.



[Sam](#) has shared excerpts of her experiences, insights and reflections. These are mapped against questions and focus areas explored in the insight Exchange [My Safety Kit](#) resource, including across the six domains of wellbeing: Participation, Material basics/Economic wellbeing, Physical and mental health, Learning, Love and connection, and Safety.

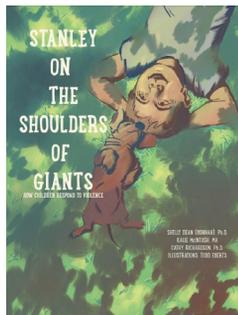
## VOICES OF CHILDREN



### Honouring children's resistance to violence

Watch the 1:41min Video of Dr Allan Wade talking about '[Honouring Children's Resistance to Violence](#)' on Insight Exchange Vimeo Channel

“ Honouring children's resistance is a beautiful thing isn't it? Because children always resist violence and protect other people, and work for safety, and try to have a better life, right? (Dr Allan Wade) ”



### Stanley on the shoulders of giants

[“Stanley on the Shoulders of Giants”](#) is a children's book developed by a group of professionals who have worked in the field of domestic violence for many years, and have specialized in understanding how children respond to and resist violence.

The book is written for

- Children who have experienced violence
- Parents who are helping their children
- Professionals who work for children
- People who have perpetrated violence who are interested in understanding children's experience of violence. It is a book for those who care about creating safety, including freedom from fear, for all children.”

Additionally, the book provides reflection questions to engage individuals in conversation about family violence and abuse.

This project was generously funded by the Women and Gender Equality Canada. Collaborating organisations include Centre for Response Based Practice and Calgary Women's Emergency Shelter.

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