



Insight initiatives

My Lived Experience

Participation in IE interviews

Interviews are continuing during and beyond COVID-19 [Link here](#)



My Shared Insights

New Insights on the website

Voices of Insight are de-identified narratives of people's lived experience of domestic and family violence and other adversities. The narratives have been developed through the Insight Exchange interview process designed to affirm agency, uphold dignity and support safety. Participants have shared lived experiences that occurred in the ACT, NSW, NT, Qld, SA, Vic, WA. Participants have participated from NSW, NT and Vic.

Read the latest Voices of Insight narrative published on Insight Exchange:

[Lainie 'I withdrew from the world to be safe.'](#)

New Participation Project (still open):

Are you supporting people with lived experiences of domestic and family violence whose voices are less heard?

We are inviting people who have experienced domestic and family violence to share their de-identified experiences through Insight Exchange short form interviews.

By drawing from concepts within *Follow My Lead*, and using **response-based practice** informed questions, we will interview participants through the structure of *My Safety Kit*. We will present the deidentified insights in the format of an example copy of My Safety Kit to inform social, service and system responses.

The opportunity will be offered to 5 participants.

If you or your organisation is interested in engaging people you support in this opportunity [contact the IE Team](#).

Exchange initiatives

Follow My Lead

Revised edition coming soon

We will soon be releasing an updated copy of *Follow My Lead*. In recognition of the distinct circumstances and access barriers faced by victims of domestic and family violence who may be in **prison, hospital or detention settings** we have acknowledged these contexts in the revised visuals and words used in the resource.

We are making cross referencing links between [Follow My Lead](#), [My Safety Kit](#) and [My Dignity – My Body is mine](#) to make connections between the resources for any reader. We will let you know when the revised edition is ready to use.

Distribution Sponsor

Are you already preparing for 16 days of Activism Against Gender-Based Violence?

Do you have insight-informed materials in place for employees, customers, and people who use your products and services?

Electronic distribution of Insight Exchange resources can be immediate and unlimited.

At times it may be most useful for your organisation/institute/community to introduce or distribute [Follow My Lead](#) or [My Safety Kit](#) with your logo on it as a distribution sponsor (at no cost) to take the resource through to your networks.

Read [about being a distribution sponsor](#)

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View the organisations or consortiums that have included their logo on *Follow My Lead* and/or *My Safety Kit* as a distribution sponsor.

