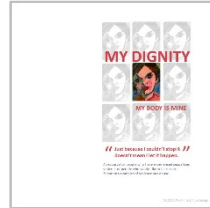


New Resources



“I wish this was around a few years ago.”

My Dignity – My body is mine.

An information and reflection resource.

[My Dignity](#) is for anyone who may be experiencing or has experienced sexualised violence and for anyone who may be responding.

Wherever it is difficult to tell someone about domestic and family violence (DFV), it may be even more difficult to tell someone about sexualised violence. The intent of My Dignity is to provide information, support reflection, share lived experience insight from others, and signpost to contacts and supports.

Whether a person tells someone now, later or ever, it is their right to have access to information and resources that support how they make sense of the violence and abuse used against them.

Read the [Feedback Report on My Dignity](#) which has informed the first edition. We welcome continued feedback in order to improve future editions. Provide anonymous [feedback about My Dignity](#)

A new Insight Exchange Guide (COVID-19)

Responding to tertiary students

We have developed a new guide in the series of guides to support the responses of individuals and sectors to people experiencing DFV during and beyond COVID-19.

[A guide for responding to tertiary students](#)



Engagement & Examples



Read the **Insight Exchange [Engagement Report](#)** to find out more about engagement in Insight Exchange since its inception.



Read examples of the **Insight Exchange [Ideas Applied](#)**. Examples from CSIRO, Converge International (EAP), Northern Sydney Local Health District, Penrith Women’s Health Centre.

