



Insight Initiative

My Lived Experience

Participation in IE interviews

“Meeting up with you and the team was very cathartic and healing to know I was finally heard, supported, not judged, blamed and made to feel like a criminal.” Insight Exchange participant.”

Interviews are continuing during and beyond COVID-19 [Link here](#)

My Shared Insights

New Insights on the website

New Insights on the website Voices of Insight – are de-identified narratives of people’s lived experience of domestic and family violence and other adversities.

The narratives have been developed through the Insight Exchange interview process designed to affirm agency, uphold dignity and support safety.

These narratives aim to provide a more accurate account of what has occurred through highlighting the ways in which a person has resisted and responded to the violence used against them. They explore the context in which the violence has occurred and how people, services and systems responded to victims of violence and how these responses were helpful, unhelpful or harmful.

Read the latest Voices of Insight narrative we have published - [Angela](#)

Exchange Initiative

Our shared social responsibility and social action

A new Insight Exchange Guides (COVID-19)

We have developed a new guide in the series of guides to support the responses of individuals and sectors during and beyond COVID-19. [A guide for responding to customers](#)

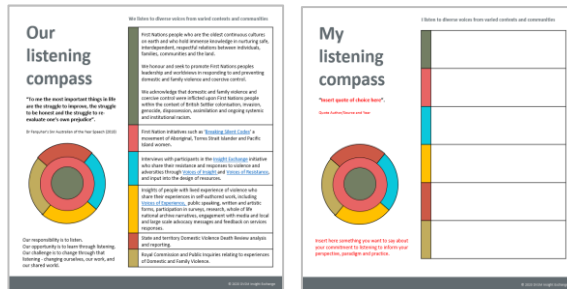
Collaborating with Danish Women’s Shelter Society

We have been able to translate [Follow My Lead into Danish](#) (with support contacts for services in Denmark). The Danish team are working to create a translated copy of *My Safety Kit* next.

Our Listening Compass

“Our responsibility is to listen. Our opportunity is to learn through listening. Our challenge is to change through that listening - changing ourselves, our work, and our shared world.”

Recently as a team we developed [our listening compass](#).



Reflecting individually, and talking collectively:

Where are you intentionally listening to the voices of people with lived experience of DFV?

Your listening compass might be different from ours. And your team/organisations too. If you want to ignite a conversation about being intentional in where and how you are listening to the insights of people with lived experience of DFV – please feel welcome to use or take forward this [simple listening compass tool](#) to support a collective commitment to listening.

The insights shared via Insight Exchange are designed to inform your reflection and action.

