



Insight Initiative

New Insights on the website

[Voices of Insight](#) – are de-identified narratives of people’s lived experience of domestic and family violence and other adversities. The narratives have been developed through the Insight Exchange interview process designed to affirm agency, uphold dignity and support safety. These narratives aim to provide a more accurate account of what has occurred by highlighting the ways in which a person has resisted and responded to the violence used against them. They explore the context in which the violence has occurred and how people, services and systems responded to victims of violence and how these responses were helpful, unhelpful or harmful.

- [Sandra](#) “You’ve got to realise you have duties here”
- [Melissa](#) His biggest threat was “I will take the children”
- [Maya](#) “He’s bound to be upset”

New resource - My Safety Kit

A really big thanks to all who contributed to the feedback on *My Safety Kit (Prototype 1.0)*. *My Safety Kit* is a new resource designed to support the reflections of people who are, or may be, experiencing Domestic and Family Violence. The *My Safety Kit* [feedback summary report](#) of Prototype 1.0 is now live and has informed [My Safety Kit \(Prototype 1.1\)](#). We have a national, commonwealth funded organisation also testing its value with employees. This feedback, and feedback from other readers will inform future editions. The [link for providing feedback about Prototype 1.1](#) is on the back cover of *My Safety Kit* as an opportunity for any reader.

Exchange Initiative

About Value

Since the inception of Insight Exchange in Nov 2017 to end of the June 2019, a substantial amount of reach and influence has been achieved and users of Insight Exchange are climbing across NSW, nationally and internationally. Read more in our [engagement report](#).

This is the direction we hoped the work would take in terms of widening access to ideas beyond traditional sector and funding boundaries, however **the true measure rests in what these ideas hold in practice – the real world, real interactions and conversations.**

In the chapter ahead we hope to be in touch with a number of people (who have given consent to be contacted) who have accessed Insight Exchange initiatives to ask “what value (if any) does Insight Exchange hold?” We are seeking to understand:

1. What value (if any) does Insight Exchange hold for individual participants with lived experience of violence?
2. What value (if any) does engagement in Insight Exchange hold for social responders across contexts?