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INSIGHT EXCHANGE is an initiative of Domestic Violence Service Management which centres on the expertise of people with lived experience of violence and gives voice to these experiences. It is designed to inform and strengthen social, service and systemic responses to domestic and family violence.

The **INSIGHT** component invites people with lived experiences of domestic and family violence to share their experience through a safe and ethical process that affirms agency and upholds dignity.

The **EXCHANGE** component shares a person's insights in a de-identified way with individuals, communities and organisations. More accurate insights can better inform our awareness, responsibility, and how we all respond to domestic and family violence.

www.insightexchange.net

Domestic Violence Service Management is a registered charity with the Australian Charities and Not-for-profits Commission (ACNC) and has Deductible Gift Recipient (DGR) status with the Australian Tax Office. All eligible donations over \$2 are tax deductible. A receipt will be emailed to you. ABN: 26 165 400 635

Launched in late 2017, **Insight Exchange** is a pioneering initiative that goes beyond sector and system boundaries, bringing to the fore the significant meaning of social responses to violence and the important role we all play in responding to violence.

Traditional funding models for domestic and family violence do not address the enduring unmet need for a better understanding of violence. Many professional disciplines who are formally responding to violence, such as human services, justice and health, receive little to no training in understanding violence.

Insight Exchange is designed to help address this gap.

Your donation will help Insight Exchange to:

- support more people to share their lived experience through Insight Exchange in a safe and ethical way
- share these insights with people, organisations and communities across multiple contexts and sectors
- support organisations to build awareness and improve their responses to people experiencing violence
- publish resources to assist people experiencing violence and anyone responding to violence.

To take **Insight Exchange** forward, we need your support.

Make a tax-deductible donation to Domestic Violence Service Management, today.

www.insightexchange.net/donate

Why is **Insight Exchange** important?

Domestic and family violence is in every town, community and country. Across Australia, an average of one woman dies every week at the hands of her current or former partner; the violence and its associated impacts are estimated to cost the community around \$22 billion a year.

For individuals, violence is an injustice and an offence to their dignity, compromising their safety and undermining their wellbeing. Yet violence is largely misunderstood.

Conversations about domestic and family violence commonly focus on the violence used by the perpetrator and the effect on the person experiencing violence. Talking about violence in this way is problematic. It conceals how people resist and respond to violence to uphold their dignity and to create safety for themselves and the people they care about. It obscures that violence is deliberate and portrays people as passive victims.

Insight Exchange gives voice and visibility to these experiences; to human dignity, the injustice of preventable suffering, harm, grief and loss, and foregrounds the role we all have to play.

We cannot redress violence without an adequate investment in understanding violence.

Background

Domestic Violence Service Management has designed **Insight Exchange** in collaboration with the Centre for Response Based Practice in Canada and women with lived experience in Australia.

Insight Exchange has so far been fully self-funded. In less than 18 months, Insight Exchange has reached more than 175 different organisations across multiple sectors in society: Community, State and National providers, Corporate Australia, Health, Education, and the Community Services sector.

“ECAV can see real value in the Insight Exchange initiative as a repository enabling people with lived experiences to share their resistance and responses to violence not only to be beneficial to them and their communities but also to help drive the direction of our service system.”

Director, Education Centre Against Violence (ECAV), NSW Health

“The session has opened my eyes to the often unconscious nature of adding to the problem when we intend to assist. This will influence how new policies and information is written to start to change how society treats domestic and family violence.”

Sydney Water employee

“I intend to implement the learnings from today into procedure, practice and policy within our church context. Our church is on a cultural change journey and the imperative I walk away with today will assist with raising awareness in this space.”

AdSAFE Ltd Survivor Services

“As a law student I see harmful language frameworks and tools perpetrated and utilised on a daily basis. I would love to see the legal profession treat victims/ complainants with compassion and dignity and start to portray the reality of violence.”

University of Sydney law student

“This shed an incredible amount of light on how your language and dialogue can have a huge impact on the way in which we interact with victims of domestic violence.”

EY employee

Read the [Insight Exchange Engagement Report](#) to find out more about our reach.