

Identifying and Honouring Resistance

Watch the 5:23min Video of 'Identifying and Honouring Resistance' on www.insightexchange.net/creating-conversations/



“...because the perpetrators history is the history of violence.

Victims do not have histories of violence they have histories of responding to and resisting violence...

The perpetrators history is the *history of violence*, the victims history is the *history of resistance*.”

“Where do you get the spirit to fight back in so many extraordinary ways?”

“How about you journal all the ways you responded to the violence you endured... and she did so exploring all of her myriad, multiple, extraordinary, dignified, painful, awful, beautiful forms of resistance...”

ENGAGE | THINK | **TALK**

What surprised you? | What did you appreciate about that? | What might you reflect on?