

Humour in dignity

Watch the 1:45min Video of 'Humour in dignity' on <https://www.insightexchange.net/creating-conversations/resistance-safety-language/>



“She could tell from the way he came up the steps what was going to happen next.”

“If I was making a film of that moment would I have seen you do anything that indicated you even noticed that he was there?... She had to be absolutely disciplined.... She knew how all of that would work...”

“There is dignity in humour. There is humour in dignity. There is dignity in resistance. And that is what we are trying to support and uphold in our practice.”

ENGAGE | **THINK** | **TALK**

What surprised you? | What did you appreciate about that? | What might you reflect on?