

Responses to Violence

Watch the 12min Video of 'Responses' on www.insightexchange.net



ENGAGE | THINK | **TALK**

What surprised you? | What did you appreciate about that? | What might you reflect on?

“It’s important when we are trying to understand emotions that we understand them **in context and not out of context.**”

Dr Linda Coates

“The perpetrator’s history is the history of violence. The victim’s history is the history of **resistance** (not trauma – that’s different).”

Dr Allan Wade

“Emotion is more like a walk in the park than it is like indigestion. The emotions are activities of a person, right? They are not biological events triggered inside of a person – **they are relational, they are contextual.**”

Dr Allan Wade

“And so in fact, emotions can be more understood as a **moral and ethical** response.”

Dr Linda Coates

“...We all have a role, we all have a part, whether we want to take it up consciously or not.”

Dr Allan Wade